

VINAYAKA MISSION'S RESEARCH FOUNDATIONS, SALEM
(Deemed to be University)

P.B.B.Sc. (NURSING) DEGREE EXAMINATION – August 2018
First Year

NUTRITION AND DIETETICS

Time: Two hours

Maximum: 35 marks

SECTION – A

I. Answer the following:
10)

(5 x 2 =

1. Define Balanced Diet.
2. Write the Nutritive Value of Pulses.
3. Define Food Preservation.
4. Factors to be considered in Menu planning.
5. Define Pasterurisation.

II. Write short notes for any THREE of the following:

(3 x 5 = 15)

6. Dietary management of constipation.
7. Plan a day's menu for hypertension.
8. Explain protein Energy Malnutrition.
9. Explain school lunch programme.

III. Write Long Essay:

(1 x 10 = 10)

10. Explain in detail about dietary management of Renal disorders.

(OR)

11. Effects of weaning to mother and child.

(Sl.No. M19395)