

**VINAYAKA MISSION'S RESEARCH FOUNDATIONS, SALEM  
(Deemed to be University)**

**M.Sc.(NURSING) DEGREE EXAMINATION –August 2018  
First Year**

**CLINICAL SPECIALITY I : PSYCHIATRIC NURSING –I**

Time: Three hours

Maximum: 75 marks

**Answer ALL questions**

**I. ESSAY:**

(2 x 15 = 30)

1. (a) Define mental health nursing. Characteristics of a mentally healthy individual and concepts of normal and abnormal behavior? (7)
- (b) Discuss about the contemporary practices in mental health nursing. (8)
2. (a) Define therapeutic nurse- patient relationship. (2)
- (b) Discuss about the characteristics of therapeutic nurse patient relationship and personal qualities of the nurse. (5)
- (c) Discuss in detail about various phases of relationship and the tasks associated with each phase. (8)

**II. SHORT ESSAY:**

(2 x 10 = 20)

3. National Mental Health programme
4. Define E.C.T indication and contra indications and discuss about the role of nurse in E.C.T

**III. WRITE SHORT NOTES ON ANY FIVE OF THE FOLLOWING: (5 x 5 = 25)**

5. Standards of psychiatric nursing
6. Neurotransmitters
7. Sullivan's interpersonal therapy
8. Occupational therapy
9. Techniques that promote assertive behavior
10. Problem oriented recording

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