

**VINAYAKA MISSION'S RESEARCH FOUNDATIONS, SALEM**  
**(Deemed to be University)**

**B.Sc. (NURSING) DEGREE EXAMINATION – August 2018**  
**First Year**

**NURSING FOUNDATIONS**

Time: Three hours

Maximum: 75 marks

**SECTION – A**

I. Answer **All** Questions. Each answer in one or two sentences : (15 x 1 = 15)

A. Fill in the blanks:

1. Bath in which only the hip and buttocks are immersed in fluid is \_\_\_\_\_.
2. \_\_\_\_\_ is used to prevent external rotation of legs.
3. Movement of limb away from the body is \_\_\_\_\_.
4. To prevent tongue fall back the safest position is \_\_\_\_\_.
5. A medication given the tongue is \_\_\_\_\_ administration.

B. Choose the best answer :

6. Which of the following is the most important purpose of hand washing?
  - a. To promote hand circulation
  - b. To prevent the transfer of micro-organism
  - c. To avoid touching the client with a dirty hand
  - d. To provide comfort.
7. The first techniques used examining the abdomen of a client is :
  - a. Palpation
  - b. Auscultation
  - c. Percussion
  - d. Inspection
8. An instrument used for auscultation is :
  - a. Percussion – hammer
  - b. Audiometer
  - c. Stethoscope
  - d. Sphygmomanometer
9. In cleaning the thermometer after use, the direction of the cleaning to follow medical asepsis is:
  - a. From bulb to stem
  - b. From stem to bulb
  - c. From stem to stem
  - d. From bulb to bulb
10. How long should the thermometer stay in the Client's Axilla?
  - a. 3 minutes
  - b. 4 minutes
  - c. 7 minutes
  - d. 10 minutes

C. Match the following:

- |                                |                    |
|--------------------------------|--------------------|
| 11. Coughing blood with sputum | - Cracking of lips |
| 12. Cheilosis                  | - Pulse oximeter   |
| 13. Heat cramps                | - Early ambulation |
| 14. Deep vein thrombosis       | - Haemoptysis      |
| 15. Oxygen saturation          | - Sodium depletion |

### SECTION – B

II. Write short notes on any **Six** of the following : (6 x 5 = 30)

16. Body mechanics
17. Health assessment
18. Methods of data collection
19. Principles involved in the wound care
20. Nurse's responsibility in storage and maintenance of drugs
21. Purposes of cold application
22. Types of restraints
23. Characteristics of nursing process.

### SECTION – C

III. Answer any **Three** of the following : (3x10 =30)

24. a) Define respiration. (2)
- b) Factors affecting respiration (3)
- c) Different types of respiration (5)
25. a) Define communication. (1)
- b) Elements of communication (4)
- c) Importance of communication in health (5)
26. a) Define oxygenation. (2)
- b) Factors affecting oxygenation. (4)
- c) Methods of oxygen administration. (4)
27. a) Define documentation. (1)
- b) Guideline for reporting. (3)
- c) Methods of recording. (6)

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