



# **VINAYAKA MISSION'S RESEARCH FOUNDATION**

**SCHOOL OF ALLIED HEALTH SCIENCES**

**AND**

**SCHOOL OF PHYSIOTHERAPY**

**AVMC Campus**

**Pondicherry**

**PRESENTS**

## **YOGIC DIET FOR STRESS MANAGEMENT DURING COVID 19 PANDEMIC**

Speaker

**Mr. S. Artchoudane,**

**Yoga therapist,**

**Center for Yogic Sciences**

**AVMC, Pondicherry .**

**Mon, Jun 22, 2020**

**04:30 PM to 5:30 PM(IST)**

**For Registration(*Click below*)**

**Register**