

Department of Psychiatric Nursing

GUEST LECTURE (GL):

Types of Sleep Disorders



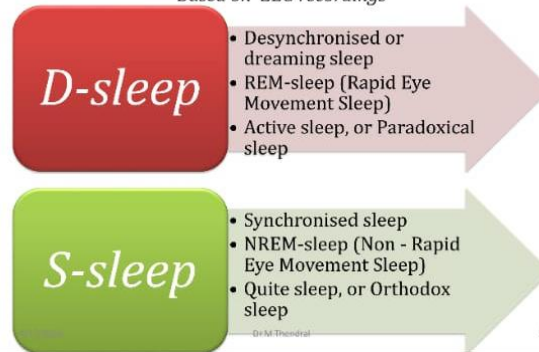
4/17/2020

Dr.M.Thendral

11

Phases of Sleep

Based on EEG recordings



Dr.M.Thendral

5



Topic: Therapeutic Management for Sleep Disorders

Date: 17.04.2020

Mode: Zoom app

Resource Person: Dr.M.Thendral, M.B.B.S, MD(Psy.), Consultant Psychiatrist, Life Care Clinic, Salem.